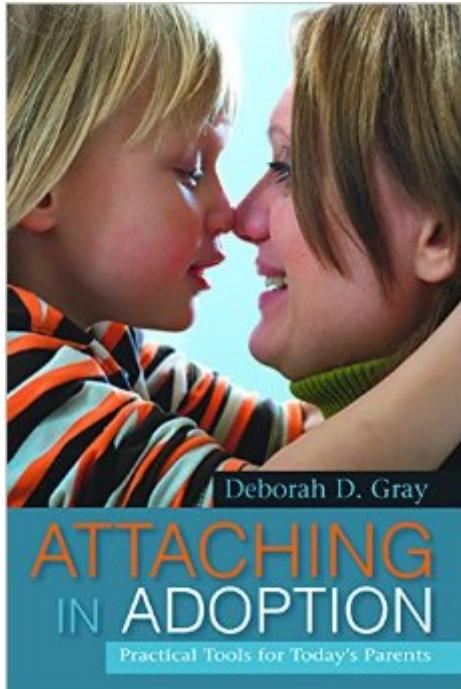


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# Attaching In Adoption: Practical Tools For Today's Parents



## **Synopsis**

Attachment in Adoption is a comprehensive guide for prospective and actual adoptive parents on how to understand and care for their adopted child and promote healthy attachment. This classic text provides practical parenting strategies designed to enhance children's happiness and emotional health. It explains what attachment is, how grief and trauma can affect children's emotional development, and how to improve attachment, respect, cooperation and trust. Parenting techniques are matched to children's emotional needs and stages, and checklists are included to help parents assess how their child is doing at each developmental stage. The book covers a wide range of issues including international adoption, Fetal Alcohol Spectrum Disorder, and learning disabilities, and combines sound theory and direct advice with case examples throughout. This book is a must read for anyone interested in adoption and for all adoptive families. It will also be a valuable resource for adoption professionals.

## **Book Information**

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## **Customer Reviews**

My husband and I were at wits end with our foster (now adoptive) child. At the age of (just turned) 3, she had purposefully broken 3 windows and our home was alarmed better than Fort Knox because she would continually try to escape at all hours of the day or night. We were exhausted and afraid, because if a 3 year old could do this to us, what would we do with her when she got older? We were completely baffled by her behavior and her reactions to us. And for the record, we have 3 older bios and one younger adoptive who are all well behaved, well adjusted, happy kids. We are good

parents. Then during a completely pure chance, business related meeting, I shared with a colleague who was also a foster/adoptive parent what my husband and I were going through. He urgently recommended this book explaining that it had brought his family back from the edge in a similar situation. I bought the book and proceeded to cry through the first half. My daughter finally made sense. Better yet, the author had suggestions that were implementable that day. Because our daughter was still a foster child at the time, the possibility of professional help was, unfortunately, delayed due to bureaucracy. But the book was so clear with practical advice on how to handle different issues you can come across when dealing with attachment issues that we were able to start literally that day with trying to help her. Plus, frankly, being able to just understand why she was acting the way she was, was a godsend. Two months later, when we were finally able to get her into see a behavioral psychologist, I almost felt embarrassed because she had improved so much.

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